



COVID - 19 PLAN
PROTOCOLS TO REDUCE RISK

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Exclusive Property of Danzmode Productions

BACKGROUND

According to CDC, COVID -19 is spread mainly from person to person (within 2 metres) through respiratory droplets when an infected person coughs, sneezes, and talks, whether or not the infected person shows any symptoms. There is also a risk from touching surfaces or objects if you then directly touch your own mouth, nose, or eyes although this is now believed to be only a secondary method of transmission and much lower risk.

The Government of BC recognizes that educational and recreational settings are critical to a child's and youth's psycho-social development and as well that recreation and involvement in sports are important developmental activities for many children and young people. Our goal is to maintain participation in these activities while supporting children as they distance themselves where possible and minimize physical contact with staff and each other.

As such our policies at Danzmode reflect the 3 foundations outlined by the BC CDC in regarding to minimizing the spread of COVID:

- Staff & dancers with symptoms of illness are asked to stay home
- A two-metre distance is to be maintained between participants as much as possible
- Frequent and effective handwashing, with hand sanitizer being offered as an alternative when handwashing is not practical

These policies are to be shared with and adhered to by all stakeholders (Danzmode staff, parents, dancers, tenants, may be accessed at the studio any time, and are available digitally upon request.

PHYSICAL DISTANCING POLICIES

Ensuring Physical Distance & Reducing Transmission Opportunities:

- ✓ Dancers & parents are asked to maintain two-metre social distancing outside
- ✓ Parents must drop off/pick up outside at the assigned door
- ✓ Meetings with administration must be booked in advance and held in the office
- ✓ Dancers will be assigned to a studio for all classes each day and will not be moving freely through the building
- ✓ No sharing of items, each dancer will have a studio provided bag with shoes, yoga mat, weights, stretching blocks and any other items they may leave at the studio on a regular basis
- ✓ Studio floors have been marked to provide minimum 2 metre spacing between dancers
- ✓ During designated break time students may have their snack at their preassigned spot
- ✓ Studio garbage cans are exclusively for masks & tissues; all food waste, wrappers & beverages are ***pack it in & pack it out*** and may not be left on the studio premises

ENTRANCE AND EXIT PROCEDURES

Entrance Procedure:

Dancers must enter the building according to the studio they will be using:

Studio A Side double doors

Studio B Front downstairs door

Studio C/D Front upstairs door

- ✓ Prior to entry dancer temperature will be taken
- ✓ Dancers to apply hand sanitizer on entrance, dancers with masks may now remove them
- ✓ Dancers remove outdoor shoes, place belongings in their assigned spot, put on dance shoes
- ✓ Dancers proceed to wash hands in bathroom
- ✓ Dancers then return to assigned spot and may stand or sit on the floor while waiting instructions

Exit Procedure:

- ✓ Dancers will be asked to return to their assigned spot, pack their belongings & studio bag
- ✓ Dancers are to leave their studio bag in its assigned spot
- ✓ Dancers are to make their way to the exit door and sanitize hands
- ✓ Dancers are to wait 2 metres apart and are released to outside when their parents arrive

**this exit procedure may vary slightly depending on studio being used

OTHER METHODS OF REDUCING TRANSMISSION

Classroom Management:

- ✓ Occupancy limits are posted by studio with optimal class sizes at 50% for June/July/August
- ✓ Dancers are to stay in one room and with one cohort as much as possible; teachers will move from studio to studio to reduce hallway traffic
- ✓ Scheduling of classes will be done to reduce breaks for dancers
- ✓ Arrival times are staggered so that entrance procedures can be managed efficiently with minimal interaction between classes in parking lot
- ✓ Attendance books are all maintained daily in order to provide Fraser Health with necessary information for contact tracing if an outbreak occurs.

Staff Protocols to Minimize Transmission Opportunities

- ✓ Teachers will follow same entrance & exit procedures as dancers
- ✓ Hand sanitizer is to be used by teachers after any hands-on correction is given to a dancer
- ✓ After changing classes teachers should rewash their hands & clean the sound system cord attached to their phone

Reducing Surface Transmission:

- ✓ Cell phone usage by participants to be prohibited in the building unless it is an emergency
- ✓ Barres, door handles, bathrooms, light switches to be sanitized daily with 0.1% bleach mixture
- ✓ Floors and all other surfaces to be sanitized daily with 0.05% bleach solution

Masks:

Masks may be worn by dancers at parents' discretion if the dancer is able to follow proper mask hygiene.

Cloth face coverings should:

- Fit snugly but comfortably against the sides of the face
- Be secured with ties or ear loops
- Have multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change to shape

ILLNESS POLICY

Staff or Student Prior to Arrival:

Self assess daily, stay home, and inform the office immediately if you feel any of the following symptoms:

- ✓ fever
- ✓ chills
- ✓ new or worsening cough
- ✓ shortness of breath
- ✓ sore throat

If staff or students feel sick with COVID-19 symptoms once classes have started, they will be:

- ✓ provided with a single use mask
- ✓ isolated from all others at the studio
- ✓ picked up immediately by a parent/guardian

Quarantine & self-isolation is mandatory for staff and students:

- ✓ who have traveled outside of Canada and must quarantine for 14 days upon their return
- ✓ who have any symptoms of COVID-19 and have been directed by a medical professional to self-isolate
- ✓ who has been in contact with any confirmed or presumed COVID-19 infected person